

Annex 4: Calculate Ecological Footprint

Module 4 activity

Learning Goals

- Create awareness for our individual impact in the environment that derive from our individual lifestyle

Background Information

This exercise heightens awareness of the individual impacts in the environment and creates discussion on the need for Green NGO's to be created around the world and action taken. At the end of this module, trainees will hopefully have a deeper understanding of the need for Green NGOs and be more willing to take action themselves.

Duration

30 minutes

Room Organisation

Trainees should be organized individually initially and then form groups to compare answers. Members of each group are advised to sit next to each other.

Support material

Each participant will require a device with internet access to the website

<https://www.footprintnetwork.org/our-work/ecological-footprint/>

Instructions

1. First, the trainer introduces the concept and explains what the ecological footprint is.
2. Give 15 minutes for individuals to use the web tool and calculate their own footprint, trainer assists any individual who needs it.
3. The participants form groups to discuss their results.
4. Each group has a spokesperson to deliver outcomes.
5. The trainer comments on the input for some minutes and relates results to the work of Green NGO's